

# **Curriculum Vitae**

**Of**

**Dr. Kumar Raj Urs S.**

M.B.B.S, M.S, (General Surgery) MCh( Urology)

**NAME : Dr.Kumar Raj Urs S.**

**ADDRESS :**

C/O – RG Stone Urology & Laparoscopy Hospital  
CVC Centre, Plot No.-217-218, PDA Colony,  
Alto porvorim,  
Bardez, Goa

**Permanent address:**

Door No.279, BEML Layout,  
Rajarajeshwari Nagara,  
Mysore-570023, Karnataka, INDIA

**Phone :** (+91) 9892563014  
(+91) 9422955301

**E mail :** kumarursa@rediffmail.com

**BIRTHDATE :** 16. 01. 1976

**CIVIL STATE :** Married

**NATIONALITY:** Indian

**EDUCATION :** Secondary School  
Marimallapa's Junior College,  
Mysore, India

Medical School  
Govt. Medical College, Mysore  
Mysore University,  
India.

**QUALIFICATIONS**

Qualification	Awarding body	Date of Qualification
MCh [Urology]	Grant Medical College, Sir JJ Group of Hospitals Maharashtra University of Health Sciences, Nashik	July 2009
M.S [General Surgery]	Dr.Vaishampayana Medical College, Solapur, Shivaji University	November 2004
M.B.B.S	Govt. Medical College Mysore, Mysore University	July 1998

**PRESENT APPOINTMENT**

Chief Urologist  
RG Stone Urology & Laparoscopy Hospital  
Alto Porvorim  
Goa  
INDIA.

**PREVIOUS APPOINTMENTS**

<b>Department &amp; Institution</b>	<b>Dates attended</b>	<b>Tenure</b>	<b>Course/ title</b>	<b>Training (standard)</b>
Department of Urology, Grant Medical college	August 2008 to July 2009	1 year	Senior resident-III in urology	MCh Training period (Clinical & Teaching post)
Department of Urology, Grant Medical college	August 2007 to July 2008	1 year	Senior resident-II in urology	MCh Training period (Clinical & Teaching post)
Department of Urology, Grant Medical college	August 2006 to July 2007	1 year	Senior resident-I in urology	MCh Training period (Clinical & Teaching post)
Department of General Surgery, AIMS, Mysore	August 2005 to July 2006	11 months	Assistant Professor	Clinical & Teaching post
Department of General Surgery, BLDEA'S Dr.B.M. Patil Medical college, Bijapur	February 2005 to July 2005	6 months	Lecturer	Clinical & Teaching post
Department of General surgery, Dr.VMMC, Solapur	February 2004 to January 2005	1 year	Junior resident-III.	MS General surgery training period (clinical & teaching post)
Department of General surgery, Dr.VMMC, Solapur	February 2003 to January 2004	1 year	Junior resident-II	MS General surgery training period (clinical & teaching post)
Department of General surgery, Dr.VMMC, Solapur	February 2002 to January 2003	1 year	Junior resident-I.	MS General surgery training period

### **Other work Experience**

1. Worked in Primary Health centre under Government of Maharashtra at Warud, Amravati dist, Maharashtra from April 2001 to January 2002. Worked as Chief medical officer and was part of multiple health programmes. I have been responsible for the implementation of the programme in the area of my primary health centre which had five sub centers.

### **GENERAL SURGICAL EXPERIENCE**

I joined in the Department of General surgery, Dr.Vaishampayana Medical College. in the Solapur city It is a tertiary teaching hospital and referral centre for south maharashtra and north karnataka.

We had outpatients of approximately 250 to 300 during the day allotted to our unit. We had operation days twice per week and out patient and emergency admissions twice per week. We used to handle 6 to 8 emergency laparotomy per week .

As a houseman (Junior resident-I ) I used to manage minor operation theatre during which time I used to do excision of sebaceous cyst, lipoma, earlobe repair and other minor procedures. My duties include taking ward rounds, writing daily progress notes for the patients, preparation of discharge summary and 1<sup>st</sup> on call. This was for a period of one year

As a junior registrar (Junior resident-II ) I used get posted in the Trauma ward as registrar in charge. I have to directly report to the consultant in charge of the trauma ward. As trauma registrar my duties include attending the patient who gets admitted as a trauma victim. To mention a few I have managed patients like poly trauma due to road traffic and railway accidents. I have managed gun shot injuries in abdomen and chest and stab and cut throat injuries which include performing emergency tracheostomy bed side.

As a senior registrar (Junior resident-III ) my duties include taking ward rounds and presenting daily rounds to the consultant in charge of our unit. Responsible in helping the junior residents and taking regular classes for the medical students. Took significant responsibility in planning the operation list and do surgeries under supervision and independently. I used to assist junior residents while performing surgeries.

## **GENERAL UROLOGICAL EXPERIENCE**

The thrust of my training is in the field of minimal intervention surgeries for stone disease like PCNL, URS, etc. Also I have had wide exposure to stricture disease and surgery for BPH. I have regularly performed and assisted all endourological procedures.

## **NEPHROLOGY, RENAL FAILURE AND TRANSPLANTATION**

We had dedicated nephrology unit with hemodialysis being given round the clock. I have managed patients with CRF and stone disease. We perform endo urological procedures regularly in CRF patients. Our hospital is a tertiary care centre for the state of Maharashtra and is run by the govt. Govt has a transplant programme for the poor patients, wherein the entire cost of the transplant is taken by the govt. We perform around 10 transplant per year. We have transplant OPD once a week. In the field of transplants I have assisted both donor and recipient surgery.

## **URO-ONCOLOGY**

We had regularly patients being referred from other hospitals after being diagnosed to have malignancy. As one of our consultant was a laparoscopic surgeon all the radical nephrectomies (amenable to laparoscopy) were performed by laparoscopy. I have actively assisted many of these procedures. I have performed trans urethral resections of bladder tumours and have performed channel TURP for ca prostate. We perform around 15 to 20 radical cysto prostatectomy and radical prostatectomy per year.

## **URINARY STONE DISEASE**

The bulk of our operative work is of stone disease. I worked under Dr. Chibber who was the first surgeon to perform PCNL in a govt hospital in INDIA. I got the opportunity to learn the endourological procedures from one of the pioneers in India. We perform 2 to 3 pcnl per operation day and other procedures like ureterorenoscopy, cystolithotripsy etc almost every operation day. 50 to 60% of the operation list would comprise of stone disease. I have done and assisted retroperitoneal approach laparoscopic ureterolithotomy.

## **ANDROLOGY**

We had an exclusive andrology opd once a week. We regularly perform varicocele ligation. We do perform vaso vasal and vaso epididymal anastomosis.

## **PAEDIATRIC UROLOGY**

One of our consultant is a paediatric urologist. Under his guidance I had the opportunity to see, assist and operate under supervision. I had good exposure in the management of congenital abnormalities like hypospadias, pu valves, vesica uretric reflux, puj obstruction etc.

In our department we manage acquired conditions like stone disease, stricture urethra and malignancies.

I had the opportunity to perform few of these surgeries both independently and under his assistance and supervision.

### **SPECIAL UROLOGICAL INTERESTS**

I aspire to achieve higher quality training in endourology and laparoscopy. To deliver the best possible service to my patients in the given conditions. To keep a constant drive in me to learn, upgrade and update my skills in urology right through out my career.

### **RESEARCH EXPERIENCE**

#### ***Thesis Research***

#### **1. “use of diathermy for skin incisions”**

***Dissertation carried out for the degree of M.S. from Shivaji University, Kolhapur.***

This was a prospective study, which combined both clinical and laboratory based work. I reviewed the clinical records, investigations and the histopathological slides,. I did detailed analysis of the surgical technique, the patients co- morbid conditions, and its association with the complications. This was under the guidance of my thesis teacher Dr Mrs.S.K.Jadhav I did present this in our hospital meeting which resulted in review of management protocol of patients.

### **TEACHING EXPERIENCE**

Worked as Lecturer and Assistant Professor in Dept of General surgery in a Medical College and a teaching Hospital where apart from clinical responsibilities it was part of my duty to teach under graduates and post graduates in general surgery .

Teaching medical students on a regular basis during current and previous posts.

As a postgraduate trainee in India, I was involved on a daily basis in supervising junior colleagues. I also delivered group lectures to medical students, junior residents and senior residents

I enjoy teaching for a variety of reasons, including gaining a personal satisfaction from helping others progress.

### **ASSOCIATIONS AND SOCIETIES**

Urological society of India

#### **Registration**

Karnataka Medical Council – 53964 dated 23.09.1999.

Maharashtra Medical Council- 2003/03/1325 dated 21.03. 2003.

### **LOCAL PRESENTATIONS**

I have been an active participant in journal club presentations, clinical meetings and CME.